



2003 RunBig Chicago Race Circuits

For more information, to join RunBig Chicago, and for complete rules, results, and links to each of the races in the circuits visit the RunBig web site <http://orik.com/runbig/>
e-mail: Circuit@orik.com



RunBig Chicago Multisport Club is Chicagoland's running, fitness, and multisport club for Clydesdale athletes. The club promotes the interests of club members by supporting weight division competition at local races, fostering interaction, support, and encouragement among athletes, and providing a forum for discussion of topics of special interest to Clydesdale athletes. We invite you to participate in the club's effort to promote, establish, organize and administer weight division competition at area events. We believe that all events should recognize the larger athletes that already compete in their events—and give us the recognition we deserve. To encourage participation in weight division competition, we've established the RunBig Chicago Race Circuits—the Competitive Race Circuit and the Multisport Race Circuit. For events to be included on the circuit they must offer weight division competition. For athletes to compete in the circuits, **they must be a current member of the RunBig Chicago club**. Awards will be given for top finishers in each circuit, in each weight and age group, plus participation awards and more.

Circuit Rules

- Scoring for the Race Circuits will be done uniformly for all races. Even though races have their own Clydesdale competition; this is separate from the RunBig Competitive Race Circuit or Multisport Race Circuit and does not affect RunBig scoring.
- For the Competitive Race Circuit you must run at least five (5) races and your seven (7) best finishes will be used for your overall results. For the Multisport Circuit, you must participate in at least five (5) races and all five (5) finishes will be used for overall results. At least three (3) races must be triathlons or duathlons from the circuit list. You may add up to two (2) road races from the RunBig competitive race circuit to make a total of five races
- Weigh-in: You must verify your weight division via weigh-in before August 3, 2003. An official weigh-in can be any CARA Clydesdale weigh-in, a weigh-in where RunBig is doing a race; or at a RunBig meeting.
- CARA Clydesdale-type scoring will be used, where the RunBig participant placing first ahead of any other RunBig participants in the same category gets 15 points, the second RunBig gets 14, etc. (*Note that where other runners place, who are not competing in the circuit, is not considered--you simply need an official race finish time to report, and we'll do the rest.*)
- The sixteen (16) RunBig Race Circuit age and weight groups are as follows;
 - Age and Weight Divisions (open and masters)*
 - MEN - A (170-184) B (185-199) C (200-224) D (225+ lbs.)*
 - WOMEN - A (135-144) B (145-154) C (155-169) D (170+ lbs.)*
- Additional races may be added to the Circuits during the season.



2003 RunBig Chicago Race Circuit Registration Form



To submit your application, mail or fax this form to:
RunBig Chicago Multisport Club
PO Box 1826
Oak Park, IL 60304-1826
Fax: (312) 996-0195
<http://orik.com/runbig/circuit>
circuit@orik.com

Circuit you are registering for (check one or both):

COMPETITIVE RACE CIRCUIT _____ MULTISPORT RACE CIRCUIT _____

Race circuit participation requires current Run Big Chicago membership

RunBig Chicago Multisport Club membership # _____

Dues Enclosed for New _____ or Renewing Member _____

(\$20-- \$2 discount for CARA members CARA # _____)

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

TELEPHONE (H) _____ (W) _____

E-MAIL _____

GENDER: M ___ F ___ BIRTH DATE _____

ESTIMATED WEIGHT AT WEIGH-IN (or Weight Division) _____

Age and Weight Divisions (open and masters)

MEN - A (170-184) B (185-199) C (200-224) D (225+ lbs.)

WOMEN - A (135-144) B (145-154) C (155-169) D (170+ lbs.)

Waiver

I, the undersigned, know that any events I enter carry the risk of personal injury or damage. I am aware that running, fitness and multisport events require advance training, and I certify that I am physically fit for these events. I hereby waive and forfeit all rights I may have to file suit or make claims against RunBig Chicago Multisport Club, any sponsoring organizations, and all persons connected with these events for injuries I may suffer at these events or any other activities organized or sponsored RunBig Chicago Multisport Club.

Signature

Date